



UNITED STATES DEPARTMENT OF THE INTERIOR  
Bureau of Indian Education  
1849 C Street NW, MIB-3610  
Washington, DC 20240

# Nutrition and Indigenous Food Resource Links for Schools

The BIE Indigenous Food Hubs initiative provides several resources for schools to add to their curriculum or for community members to learn more about nutrition.

## School Child Nutrition Program Resources

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- [Indigenous Food Hubs Food Groups Posters](#) (1.02 MB)
- [USDA Team Nutrition Resources for Schools](#)
- [MyPlate](#)
- [My Native Plate](#)
- [“And Justice for All” USDA poster](#)

## USDA Nutrition Programs Information

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- [USDA Nutrition Programs and Opportunities for Schools](#) (1.96 MB)
- [Afterschool Snacks](#)
- [Fresh Fruit and Vegetable Program](#)
- [Patrick Leahy Farm to School Program](#)
- [Farm to School Grant Program](#)
- [Healthy Meal Incentives \(HMI\) for Schools](#)
- [Indigenous Food Sovereignty Initiative](#)

## Food Services Resources and Professional Development

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- [USDA Food Nutrition Service State Contacts](#)
- [Food Service Guidelines for Federal Facilities](#)
- [CDC Checklists for Monitoring Food Service Guidelines](#)
- USDA National Institute of Food and Agriculture [Grant Opportunities](#)

## INSTITUTE OF CHILD NUTRITION

- [Institute of Child Nutrition website](#)
- [“Shaking It Up” Sodium Reduction Online Course](#)
- [“Basics at a Glance” Weights and Measure Poster](#)

## USDA PROFESSIONAL DEVELOPMENT

- [USDA Professional Standards Training Database](#)
- [USDA Guide to Professional Standards for School Nutrition Programs](#)
- [USDA Professional Standards Training Tracker Tool](#)

## MEAL AND SNACK PROGRAM RESOURCES

- [Certification of Compliance Worksheets: 5-Day Schedule](#)
- [Crediting Tip Sheets in Child Nutrition Programs](#)
- [Food Buying Guide for Child Nutrition Programs](#)
- [School Breakfast Materials](#)
- [School Lunch Materials](#)
- [USDA Recipe Standardization Guide for School Nutrition Programs](#)
- [The Whole Grain Resource for the National School Lunch and Breakfast Programs](#)
- [Child Nutrition Recipe Box](#)

## Procurement and Increasing Indigenous Foods in Schools

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- [Procuring Local Foods for Child Nutrition Programs](#)
- [American Indian Traditional Foods in USDA School Meals Programs](#)
- [Traditional Foods in Montana School Meals - A No Kid Hungry Indigenous Foods Toolkit](#)
- [Nebraska Department of Education Local and Indigenous Foods Training](#)
- [USDA Crediting Traditional Indigenous Foods in Child Nutrition Programs](#)

## NUTRITION EDUCATION PROMOTION PRODUCTS AND RESOURCES

- [Team Nutrition USDA Print Materials](#)
- [Healthy Meals Incentives Resources](#)

## GARDEN RESOURCES AND LESSONS

- [Dig In! Standards-Based Nutrition Education from the Ground Up](#)
- [FoodCorps Lesson Plans](#)

## INDIGENOUS GARDEN RESOURCES AND LESSONS

- John Hopkins Center for Indigenous Health ['Feast for the Future' Resources](#)
- ['Feast for the Future' Program Implementation Guide](#)
- Center for Social Sustainable Systems: [Ciclos De La Tierra Curriculum](#)
- [First Nations Native Farm-to-School](#)